ELECTRIC SHOCK IN WORK PLACE

by

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1. Define the Hazard of Electricity

Hazard Analysis

- Shock (Burning, cell wall damage)
- Influencing factor (frequency, Voltage magnitude)
- Arc and Arc energy release
- Blast
- Affected Body Parts

continue

- Electrical Maintenance and its relationship to safety
- Electrical safety Equipment
- Regulatory and Legal safety Requirements and standards
- Accident Prevention, Accident Investigation, Rescues, and First Aid
- Medical Aspects of Electrical Trauma
- Safety Management and Organizational Structure
- Protective Strategies
- Safety Training Methods And Systems
- Inspection, Test and Certificate for cause of (Injury, death)

2.Low voltage system safety

- a) Overall criteria
- -Low-voltage Equipment
- Low-voltage system grounding
- Safety Equipment
- Safety Procedures
- Electrical safety around Electronic Circuit
- Stationary Battery Safety

b. Human factor in electrical safety

- Human physical reliability includes understanding process information and executing successful decision or cognitive ergonomics
- *Electrical accidents happen when an employee is't paying attention
- *As long as I don't touch an electrical source, I won't get shock
- -area (generation, Transmission, Distribution, construction)
- Age influences, Physical and mental performance
- (sleep deprivation, fatigue, time of day, environmental extreme, alcohol or other drug use, medical problem, nutritional status)

c. Grounding of Electrical Systems and Equipment

- c-1 system
- Electric shock hazard
- General requirements for grounding and bounding
- Electrical grounding System
- Electrical Equipment grounding
- Bonding of Electrically conductive materials and other equipment
- Arrangement of Prevent Objectionable current

continue

- c-2 Equipment grounding
- Cord and plug connection
- Grounding conductors
- Size of Grounding conductors

d. Electrical Maintenance and its relationship to safety

- safety-related case for electrical maintenance(regulatory, hazard associated with electrical maintenance)
- Economic case for electrical maintenance
- Reliability cetered maintenance (RCM)
- Maintenance Program
- Frequency maintenance
- Maintenance requirements for specific equipment and location

e. Regulatory and Legal safety Requirements and standards

- Regulatory Body
- AISI American National Standards Institute
- NFPA National Fire Protection Association
- ASTM American Society for Testing and Materials
- ASSE American Society of Safety Engineers
- OSHA The Occupational Safety and Health Administration
- NESC National Electrical Safety Code

f. Accident Prevention, Accident Investigation, Rescues, and First Aid

- f-1 Accident Prevention
- Installation safety
- Electrical Protective devices
- Maintenance
- Operation Schemes
- Load Flow Analysis (stability, Motor starting, Harmonic, switching Transient, Reliability)
- Cable ampacity analysis
- Ground Mat Analysis

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- f-3 Accident Investigation
- Accident Prevention
- Litigation General Rules
- Data gathering(Site survey, Witness Interview, Physical Evident)
- Accident Analysis (Experimentation, Report)
- f-4 Rescues
- Heart-lung resuscitation
- Rescue Breathing
- Rescue Techniques

g. Medical Aspects of Electrical Trauma

- Statically Survey
- Fatality and Injury related costs
- Electrocution and electrical fatalities
- Medical and surgical intervention
- Plateau in Recovery

h .Safety Management and Organizational Structure

- -Electrical safety program structure
- -Electrical safety program development
- -Employee electrical safety teams
- -Safety meeting

i. Safety Training Methods And Systems

- -Elements of a good training program
- On the job training

j. Protective Strategies

- -Training consultants and vendors
- -Training Program Setup



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ဓ**တ်**ပိေ

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9 6	လက်ဳရှါအလိပ်ဳအက်ိုင်ဳ	Visiting Professor
		ပုြမှာကြောစ်ဌနောမြှီး (ဏာမီ) လဆီစစီစမီ အခြေအာင်ဂံ ငိန္ဒဃညြောန်ညာဉ်
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	အီာု မီ လီလါပီစဪ	.09.795740215, prof.thanthan.win1952@gmail.com
		.အမ္မတီ(, ၁၀)၅မင်ိဳ ရွှု . ကုံ ခြောမြာြလမ်ိဳ ၅(၂)ရပီကက်ီ၅.
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		ု တင်္ဘြောကြာ၏ သောမြော်နယ်ရှာနီကိနီ မော်ဖြ

#### နည္က ဤ ဒမ္ဆ့္စပ္လ အမဲႀာလူ င္ထ၊ အရည္အအစ္ဆင္ဆင္ဆ့္ဆ္က က္ထက္မည့္တဲ့ ဏာရာင္ဆ ဝန္ယန္လကတ္က ပုုခ္ဆက္မ

အသင်ဳိ အဖို့မ့တ်ပိတင့် ခင်ဳိ ဆိင်ဳံရနော်ကိဳ ဤ ဒမံမီကြာ်အမုဆောင်္ကြော်အရညီအခံ င်ဳိ မံမီညြာ ကိကြည္း ကာေတြာ် ဝနီခတတ္ပါပုပ**ြာ**ညီ၆

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